



The first time you see your child's doctor, ask about:

- A schedule for well-child visits
- A schedule for shots (immunizations)
- Hearing and vision tests
- When to start dental checkups
- How to reach the doctor when your child is sick
- When to call the doctor and when to call **9-1-1**
- Where to take your child in an emergency
- How to get urgent care at night and on weekends

At your child's regular visits:

- Ask all your questions. It helps to make a list.
- Ask if your child is developing normally.
- If your child has a problem, make sure you understand the problem, and:
 - Know what you need to do to help your child.
 - Know where to get more information or support.
- Ask if your child's shots are up to date.
- Get the referral slips for any tests or immunizations your child needs.

If your child needs a medicine, make sure you:

- Know how to give the medicine to your child.
- Know any side effects to watch for.

If your child needs a treatment, make sure you:

- Know what will be done and why.
- Know all the treatment choices and discuss them with your child's doctor.
- Ask how long your child will need to recover and if there are any restrictions on what he or she can do.
- Get the referral slips.
- Make sure the health plan or medical group pre-approves the referral.