

Before You Go to the Hospital



Ask your doctor about your care in the hospital.

- What will happen during my treatment? _____
- How long will I stay in the hospital? _____
- Who will be in charge of my care while I am in the hospital? _____
- How will my pain be managed? _____
- Do I need to stop any medicines before the surgery? _____
- Can I meet with the surgeon ahead of time? _____
- Can I meet with the anesthesiologist ahead of time? _____

Ask your doctor about your care after you are discharged.

- How long will it take to recover once I am home? _____
How much help will I need? _____
- Will I need to stay in a nursing or rehabilitation facility before I go home? _____
If yes, can I choose where to go? _____
- How can I arrange to see a discharge planner at the hospital, to help me plan for my needs at home?

Call your health plan and ask about your costs and benefits.

- Is there a hospital deductible? If so, what is it? \$ _____
- What is the co-pay or co-insurance? \$ _____

Choose someone to be your spokesperson and advocate.

- Tell the hospital who this person is: _____

List things to take with you.

- Medicines you need to keep taking: _____
- Alcohol-based hand cleaner for you and your visitors to use. _____
- Toothbrush and other necessities (leave jewelry and cosmetics at home).
- Other: _____