Concerned About Health Care Quality?

The California Health Care Quality Report Card Provides Useful Clinical Quality Information

- Compares California’s largest health plans and over 220 medical groups
- Produces independent, trusted and thoroughly vetted metrics-based health care quality comparisons for public access and use
- Assists health care purchasers, consumers, health providers and regulators
- Differentiates between high and low performing health systems and indicates quality gaps
- Facilitates managed care industry regulation and consumer protection through transparent, publicly reported data

How to Access the Health Care Quality Report Card

- View the report card online: http://opa.ca.gov/report_card/
  - Information is listed by health plan or by medical group. Medical groups are presented by county.
  - Right hand menu provides links to specific measures of clinical care and patient experience.
- Request a free printed Report Card by contacting the Office of the Patient Advocate:
  - contactopa@opa.ca.gov
  - (916) 324-6407
  - 980 9th Street, Suite 500, Sacramento, CA 95814

The Right Care Initiative: Collaborating to Improve Health Care Quality

The Right Care Initiative is a California, state-wide collaboration of researchers, policy experts and clinicians. In 2007, the Department of Managed Health Care launched the Right Care Initiative to improve health care quality for all Californians. The Right Care Initiative aims to measurably improve clinical outcomes by examining and supporting best practices implementation.

- The California Health Care Quality Report Card provided evidence that demonstrated significant room for quality improvement among health plans and medical groups, helping to inspire the Right Care Initiative’s founding.
- The Right Care Initiative’s initial focus is heart disease, hypertension and diabetes. These life threatening conditions need substantial quality improvement and are well-suited for best practices collaboration.

The Right Care Initiative’s statewide goal is “grade-A performance” (equal to the national 90th percentile) by all California providers on heart disease, hypertension, and diabetes control measures.

In San Diego, medical group representatives and others meet regularly to share quality improvement practices.

In the graph, right, “grade-A performance” means at least 70% of patients with diabetes or heart disease had respective health quality measures within control.

Patients with Lipids and Blood Sugar Controlled, by San Diego Medical Group

- Blood Sugar Control (Diabetic Patients—HbA1c<8)
- Cholesterol Control (Heart Patients—LDL-C<100)

70% = “Grade-A Performance”

Right Care Initiative Applies California Health Care Quality Report Card Data

Right Care Forums that Highlight Report Card Data:

Annual Right Care Leadership Summit
- Attendees include leaders from California managed care health plans and medical groups along with the stakeholder community and government officials
- Presentations showcase up-to-date metrics and evidence-based strategies from California and beyond for improving patient outcomes
- Awards honor quality improvement, performance, and innovation

Monthly University of Best Practices Colloquium
- Clinical leaders from San Diego medical groups, community clinics, the Navy, and the San Diego Veteran’s Medical Center discuss how to locally apply clinical quality improvement strategies presented by experts.
- View past PowerPoint presentations: http://www.dmhc.ca.gov/healthplans/gen_gen_rci_sdbps.aspx

Measures for Heart Attack and Stroke Prevention Included in the Health Care Quality Report Card
- Blood pressure control (<140/90 mmHg) for patients with hypertension
- Lipid control (LDL-C <100) for patients with heart disease
- Lipid control (LDL-C <100) for patients with diabetes
- Blood sugar control (HbA1c <8) for patients with diabetes

Right Care Initiative Recommendations for Enhancing Health Care Quality Data
- Collect demographic information in order to better target interventions for blood pressure, cholesterol and blood sugar control
- Develop risk adjustment methodology to clarify whether performance variation is attributable to clinical practices or other factors.

Health Plan Performance is Making Slow and Steady Progress
Since 2006, heart and diabetes quality measures have improved among 8 of 9 California health plans

Percent of Patients with High Blood Pressure Controlled (<140/90 mmHg), by Health Plan

<table>
<thead>
<tr>
<th>Health Plan</th>
<th>2006</th>
<th>2007</th>
<th>2008</th>
<th>2009</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aetna Health Care</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue Cross HMO</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Blue Shield of California HMO</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cigna HealthCare</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Health Net of California, Inc.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kaiser Permanente-North</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kaiser Permanente-South</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>United HealthCare (PacifiCare)</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Western Health Advantage</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

74% = “Grade-A Performance” for 2010 Performance Year

Learn More about the Right Care Initiative
Visit: http://RightCare.dmhc.ca.gov
Contact: Hattie Rees Hanley, MPP, Right Care Initiative Project Director, RightCare@berkeley.edu, (916) 323-2012.